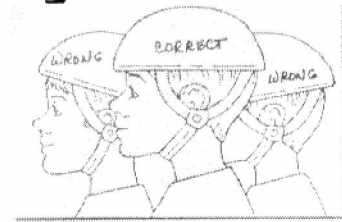


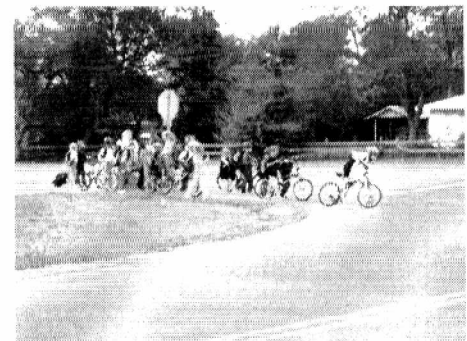
The basic set of rules for beginning bicyclist



1. No playing in the road.
2. No riding on busy streets.
3. Stop and look before entering a roadway to cross or for any other reason.
4. Bicycle ride with traffic regardless of whether it is on the road, on the shoulder or on the sidewalk.
5. Stop for all stop signs and obey all other traffic signs and signals..
6. Make your own decisions (don't do something just because a friend did it.).
7. Keep at least one hand on the handlebars at all times -- two is better.
8. No riding at night -- even in broad daylight bright clothes are good.
9. Even if you are doing everything else right, it is a good idea, and sometime the law, to wear a helmet.
10. Inspect your bike for proper working condition



Provided by:



Biker's Choice Bicycle Shop Hendersonville (beside Publix)
615-822-2512

For More Educational Info visit:
<http://www.ibike.org/education/safety-kids.htm>